

## Supplies:

**Jack or Rapunzel Embroidery Designs**

**2 yards of fabric**

**Tear away Backing**

**Scissors**

**Ruler & Fabric Marker**

(The instructions below apply to both the Jack and Beanstalk Growth Chart and the Rapunzel Growth Charts.)

### **Step 1:**

**Embroider the leaf / ribbon onto tear away backing. Un-hoop and tear away the excess backing. Set aside the leaf / ribbon.**

### **Step 2:**

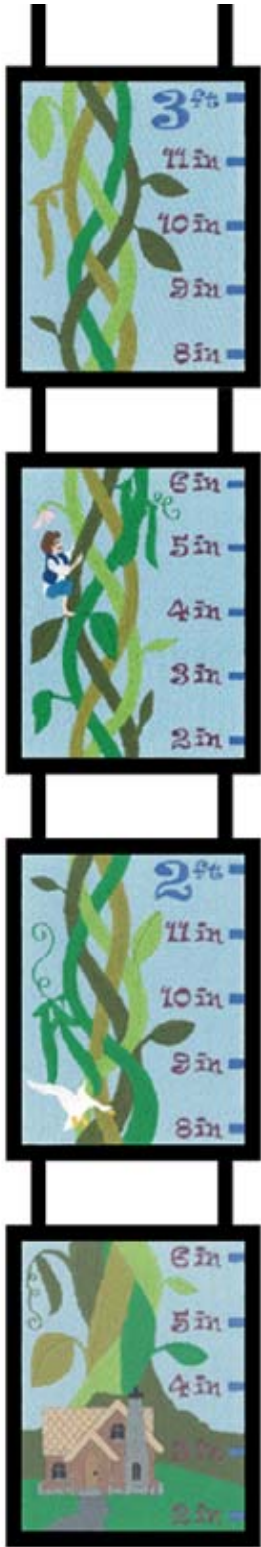
**Embroider the 8 panel designs leaving at least 1/2" of fabric around each side of the design.**

### **Step 3:**

**Hem around the design so that there is 1/4" of the fabric showing on each side. \*You could also place a piece of fabric on the back and add a seam around the design so that there is a 1/4" of the fabric showing on each side.**

### **Step 4:**

**Sew 16 connecting strips by cutting 16 pieces of fabric 2" high x 1 1/4" wide. Fold the fabric in half and sew a 1/8" seam along the side.**



### Step 5:

1" of the connecting strips needs to show between each fabric panel. One way to do this is to use a fabric marker to mark the top and bottom of 1" in the center of the strip.

### Step 6:

Start with the bottom 2 panels. Pin the connecting strips to top of the bottom panel by matching up the bottom line on the strips with the top of the panel fabric. Then pin the next panel (2' panel) to the top of the connecting strips with the bottom of the fabric matching up with the top mark on the strips.

### Step 7:

Sew the connecting strips to the panels. Continue doing this until all 8 panels are connected.

### Step 8:

Connect the last 2 connecting stripes to the top of the 5' panel and finish off the top with either an 1/8" hem or slide the stripe through a plastic hoop and fold it over sewing it to secure the hoop.

### Step 9:

Pin or nail the growth chart to the wall. The first mark on the bottom of the growth chart is 1' 2" high off of the floor. Use a ruler for correct placement.

#### Tips:

- You can sew a pocket onto the back of the bottom panel to place extra leaves / ribbons.
- Hand stitch your child's age onto the leaf or ribbon.
- Attach the leaf/ribbon to the chart by hand stitching it on or you could also use Velcro.