



### Materials:

- **Designs from the Thanksgiving Napkin Rings Design Pack:** To find the designs go to our website [www.starbirdstockdesigns.com](http://www.starbirdstockdesigns.com) and type in Thanksgiving Napkin Rings in the search window
- **3mm embroidery or craft foam** See the last page for more information on foam / puff embroidery.
- **11/75 sharp needle**
- **Ultra Solvy**
- **Scissors & tweezers**
- **Bowl & hot water**

### Design used in this project:

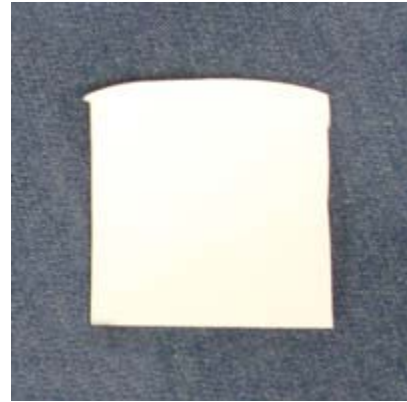
**Pumpkin Pie Napkin Ring** CD100710TG

### Designs shown as examples:

**Pilgrim Hat Napkin Ring** CD100710TH

**Wheat Napkin Ring** CD100710TL

**Step 1:**  
Cut a piece of the foam  
and set aside.  
Approximate Size:  
2 1/4" x 2 1/4"  
57 mm x 57 mm



**Step 2:**  
Hoop 1 piece of Ultra Solvy.

If you use a thinner piece of solvy the design will separate from the solvy before you complete the design.



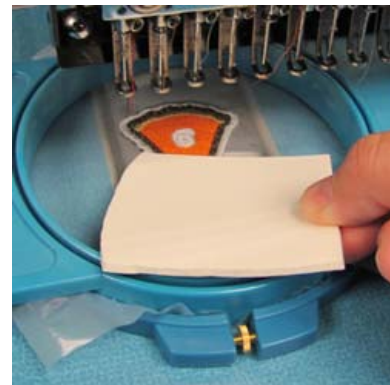
**Step 3:**

Embroider the design until you come to the color stop that states

**Stop lay down puff.**

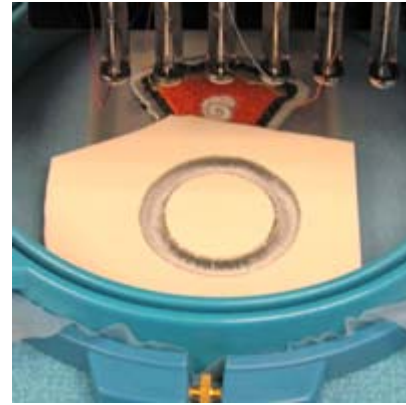
Stop the machine.

Place the piece of foam below the design with about 1/4" overlapping the bottom of the design.



**Step 4:**

**Embroider the last color stop and  
the ring will appear.**



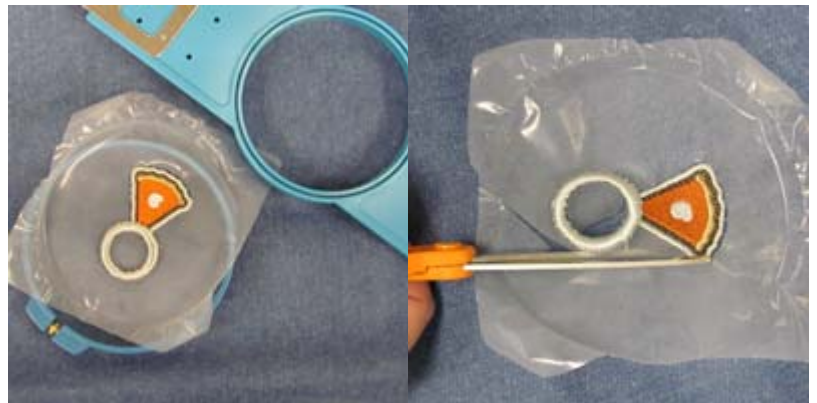
**Step 5:**

**Remove the hoop from your machine  
and then gently pull the excess foam  
away from the design.**



**Step 6:**

**Remove the design from the hoop.  
Then cut around the excess solvy, but  
not too close to the design. Make sure  
you do not cut any of the stitches.**



**Step 7:**

**Read the instructions on the Ultra Solvy for dissolving the solvy in water. We placed it in hot water for about 15 minutes.**



**Step 8:**

**Let the design dry and then gently place the ring around you're rolled up napkins.**

**Decorate your Thanksgiving table with your new napkin rings and you could also use designs from the Thanksgiving Decor Combined Design Pack to decorate the rest of your table and kitchen.**



**See the last page for more information on puff / foam embroidery.**

**Thank you for your purchase.**

---

## Puff Embroidery:

Puff embroidery is where you use craft / embroidery foam when sewing to raise the satin stitches in the design to give it a 3D look. It is a simple process that has only a few more steps involved, but the end result is well worth the effort. \*Only use designs specifically digitized for puff embroidery. Regular designs will not work and designs digitized with puff will not work without the puff.

We recommend using the following:

- 3mm embroidery or craft foam in colors to match the thread colors for each puff area
- Craft strength heat wand
- Sharp needles 75/11 or 80/12
- Tweezers
- Small craft scissors

The craft / embroidery foam can be purchased from most craft stores or embroidery supply companies.

Hoop the fabric and stabilizer the same as you would do for regular embroidery. Then embroider the design until you see a color stop that says “Stop Lay down puff”, you will then lay down the appropriate color of foam to cover the area to be embroidered next. For the best results cut the foam to fit the inside of the hoop, but the foam should not extend outside of the hoop.

Most of our designs have the puff sewing last so you can remove the foam after the entire design has sewn. If you need to remove the foam during the sewing process you will see a color stop that reads: “Stop remove puff” that way you can remove the excess foam and then continue sewing.

When the design is completed, use a tweezers to remove any excess foam that is sticking out of the satin stitches. For smaller pieces you can gently push the foam back in between the satin stitches with the tweezers or the end of a small scissors.

You can also use a small craft heat wand to melt the little bits of foam that are hard to get at. I have also used a hair dryer, but I have noticed that it takes longer and the results are not as good as with a craft strength heat wand.

Designs embroidered using embroidery / craft foam can usually be machine washed and dried but they can not be dry-cleaned. The foam will disintegrate when it comes in contact with dry-cleaning solvents. See the form package instructions for more information.