



## Materials:

- Youth small T-shirt
- 2 Pieces of 24" x 24" broadcloth (light color)
- 1 Bag Poly Fiber Fill
- 1 Piece of Sew-On Tape Velcro 2" wide x 18" long
- Embroidery Thread: For design & to match T-shirt and broadcloth
- Scissors
- Fabric Marker
- Embroidery Machine
- Sewing Machine
- Pillow Kids Embroidery File
  - Boo Boo Boy CD100609TA (design shown above on green shirt)
  - Happy Girl CD100609TF (design shown above on pink shirt)

The following instructions will show you how to put the t-shirt pillowcase together and how to create a broadcloth t-shirt pillow to fit inside the t-shirt pillowcase.

**Step 1:**  
Embroider the Pillow Kid design on  
the t-shirt as shown in the picture  
on the right.



**Step 2:**  
Pin and sew both sleeves and  
collar shut with a 1/4" seam.



### Step 3:

In this step you will add Velcro to the bottom hem of the t-shirt. That way you can easily add and remove the pillow. The Velcro has 2 sides; a hook side that hooks into the ruff side of the Velcro.

- Turn the t-shirt inside out.
- Pin the hook side of the Velcro (face up) to bottom hem on one side of the shirt.
- Pin the ruff side (face up) of the Velcro to the bottom hem of the other side of the t-shirt.
- Then sew each side of the Velcro onto the shirt separately by sewing along all edges of Velcro as close to the edge as possible.



### Step 4:

Steps 4 through 9 will show you how to put the broadcloth pillow together.

Lay both pieces of the broadcloth, on your work table, right sides together.

Place t-shirt on top of the broadcloth pieces.



**Step 5:**

Trace along the outside of the t-shirt with a fabric marker.



**Step 6:**

Remove t-shirt and cut along the marked lines.



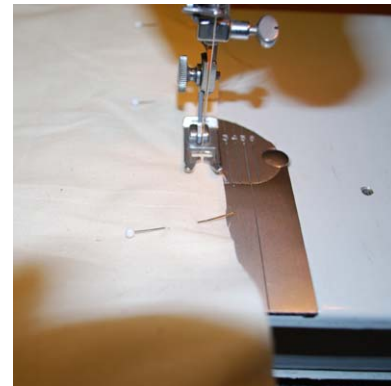
**Step 7:**

Pin both pieces of fabric together and make sure to keep right sides of fabric together.



**Step 8:**

Sew a ¼” seam around fabric.  
Leaving a 4” opening at the bottom  
of your t-shirt pillow case.



**Step 9:**

Turn the pillow case right side out.  
Stuff with fiber filling.  
Then hand stitch the opening closed.



**Step 10:**

Place pillow inside of t-shirt.  
Close the Velcro at  
the bottom of the shirt.

Now you’re Pillow Buddy is ready  
for your little one to nap on.



Thanks you for your purchase.